Don't delay Get covered today!

# The everyday health cash plan

Discounted premiums through your employer



Funded Company & Group Schemes

# Helping you and your family to cover the costs of everyday healthcare

#### What is HSF health plan?

HSF health plan is a health cash plan, an easy and affordable way to help you cover the cost of everyday healthcare such as dental, optical and physiotherapy, plus it gives you support for more serious healthcare issues. With over 35 health benefits available, it provides an added security for you and your family's health in these ever changing times.

#### How does it work?

It's simple. You pay a premium for the scheme that suits you best, then you claim cash back for your treatments as and when you need it. And so your family doesn't feel left out, we also offer to cover the healthcare of your Spouse/Partner and children\* (up to age of 18) at no extra cost.

For example you may have a trip to the dentist and have a routine check-up and find you need a filling. Even with an NHS dentist, you will have a £52\*\* bill. And a private dentist could cost considerably more.

With HSF health plan you could get half or all of that cost back. Reimbursement of most claims is made on a rolling balance principle over any 12 consecutive months. This period starts from the date we pay your claim (not from your joining or scheme increase date or from a calendar year).

For example: a Scheme A policyholder, after serving the qualifying period, who has up to £400.00 to claim for dental/optical expenses in any 12 consecutive months; could have the following claim record:

Date Claim Paid	Claim Paid Amount	Remaining Balance in the Scheme A Dental/Optical Category
17 June 2015	£350.00	A balance of £50.00 remains.
5 October 2015	£50.00	Now a nil balance is left. The next available amount will be £350.00 on 17 June 2016.
11 August 2016	£250.00	A balance of £100.00 remains.

Within any consecutive 12 month period, the claim paid amount has not exceeded  $\pounds$ 400.00. After each claim is paid the amount becomes available again 12 months later.

## Primary and Extra Cover Schemes – what are the differences?

Our Primary Schemes 100 to 5 offer a wide range of health categories at affordable prices. With Primary Schemes, we reimburse you 50% of your professional treatment costs up to the maximum amounts shown on the table opposite.

Our Extra Cover Schemes A to D are for those who would like our 100% cover for themselves and their families. With Extra Cover Schemes, we reimburse you 100% of your professional treatment costs up to the higher maximum amounts shown on the table opposite.

All of our schemes include **HSF Assist** which provides: GP Advice Line, Virtual Doctor, Counselling, Medical Information and Legal Advice.

#### Are there any restrictions?

#### Most benefits have a three month Qualifying

**Period** (10 months for Birth & Adoption and 12 months for Eye Laser Treatment and Implantable Contact Lenses). There are pre-existing health condition restrictions on all benefits with the exception of Dental, Optical and Chiropody/Podiatry. Full details are shown in the Policy Terms & Conditions, available immediately on request from your HSF Account Executive.

These are also sent to you in your welcome pack.

## HSF health plan and The Hospital Saturday Fund.

HSF health plan is the trading company of the registered charity The Hospital Saturday Fund. All those who join HSF health plan, just by belonging, are making a contribution to the important work of the charity, not something which usually happens when an insurance policy is taken out.

To find out more information about HSF health plan, you can call or text your Local Account Executive on 07970 843 215

or call HSF health plan on 0800 917 2208 eMail wendi.hardy@hsf.eu.com

Our ber	nefits	- at a	a glan	се	ise/Partner a	and depende <b>covered</b>	nt children ( <b>at no ext</b> i			
		Prir	nary Scher	nes			Extra Cove	r Scheme	S	
Corporate	100	2	3	4	5	Α	В	С	D	
Schemes	£1.00 a week £4.33 a month	£2.45 a week £10.62 a month	£3.65 a week £15.82 a month	£4.85 a week £21.02 a month	£6.25 a week £27.08 a month	£7.25 a week £31.42 a month	£10.00 a week £43.33 a month	£12.00 a week £52.00 a month	£15.50 a week £67.17 a month	
	ental and C	Optical							-	
C.	£50	£100	£200	£275	£350	£400	£550	£700	£850	
			— 50% cover —			L		cover ———		
Dental Trauma	£250	£375	£500	£625	£750	£1,000	£1,250	£1,500	£2,000	
P	ractitioner	Physiotherap	y, Osteopathy,	Chiropractic,	Acupuncture,	Homoeopathy	y, Chiropody/P	odiatry		
	£100	£200	£300	£400	£500	£600	£800	£1,000	£1,200	
	L		— 50% cover —			L	100%	cover		
00 5	pecialist a	nd Investigat	ions – Includ	ing Allergy Te	sting and Hea	alth Screenin	g			
0000	£200	£400	£600	£700	£800	£1,200	£1,400	£1,600	£1.800	
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(m	£100	£200	£300	£400	£500	£600	£800	£1,000	£1.200	
	2100	LLUU	2000	2400	1000	2000	2000	21,000	11,200	
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<u>e</u>	£16	£32	£50	£66	£80	£75	£100	£120	£150	
	oounoratio	n. Cront ofto	7 nighto Or o	ftor 15 nighto						
	After 7 night	n – Grant aftei s	i i iligiits or a					1		
	£40	£80	£100	£120	£150	£150	£180	£225	£300	
	Or after 15 n <b>£60</b>	fights <b>£120</b>	£150	£170	£200	£225	£255	£300	£360	
D	ay Case Su	rgery and Tro	eatment ( <i>Amo</i>	ounts per day i	up to a maxim	um of 8 occas	ions)			
	£16	£32	£50	£66	£80	£75	£100	£120	£150	
	ome Care A	ssistants an	d Home Helr							
					0005	0750	04.000	04.050	04 500	
	£125	£250	<b>£375</b> _ 50% cover _	£500	£625	£750	<b>£1,000</b>	<b>£1,250</b>	£1,500	
F	ersonal Ac	cident – Incl	uding Dental Ti	auma						
Permanent Disability	£5,000	£7,500	£10,000	£12,500	£15,000	£20,000	£25,000	£30,000	£40,000	
Accidental Death	£2,500	£3,750	£5,000	£6,250	£7,500	£10,000	£12,500	£15,000	£20,000	
Temporary Disability	Not Included	Not Included	£30 per week	£40 per week	£50 per week	£60 per week	£90 per week	£120 per week	£170 per week	
Fracture – up to maximum per accident	Not Included	Not Included	£375	£575	£775	£950	£1,450	£1,950	£2,450	
Facial Disfigurement	Not Included	Not Included	£600	£900	£1,200	£1,500	£2,300	£3,100	£3,900	
	ISF Assist	° - Availah	e on all sc	hemes						
Support	HSF Assist <sup>®</sup> - Available on all schemes									

GP Advice Line, Virtual Doctor, Counselling Service, Medical Information and Legal Advice.

#### HSF PerkBox - Available on all schemes - web based service only

Money saving offers, Discounted Gym Membership, Special Priced Cinema Tickets, Everyday Shopping Discounts plus much more. (*Internet connection and email required for access*).

# Questions & Answers

- Q Can I increase to a higher scheme at any time?
- A You may change schemes before the age of 71.
- Q Do I have to have a medical to join?
- A No. You need only complete and sign the health declaration on the application form.
- Q Do older people pay higher rates?
- A No, all ages pay the same rates.
- Q How do I pay?
- A Through a pay deduction facility operated by your employer.
- Q Can I get cover for my partner and family?
- A Yes. Give details of your partner and dependants on your application form and they will be included for free.
- Q Are benefits taxable?
- A No. You keep all you receive from HSF.

- Q What qualifying periods are imposed?
- A For most benefits claims will be accepted after 3 months, any exceptions are clearly indicated in the terms and conditions.
- Q How do I make a claim?
- A Claim forms are available on request by telephoning the number indicated on the reverse of your certificate of cover or from our website.
- Q How do I receive my money?
- A By direct credit into your Bank account.
- Q When does my cover begin?
- A Cover begins on the date printed on your certificate of cover for some benefits and qualifying periods begin on that date as well.

#### How to register

- 1: Select the scheme which best suits your needs.
- 2: Complete the application form, remembering to include the names and dates of birth of everyone to be included.
- 3: Write all the medical information requested concerning yourself and everyone else included on the application form.
- 4: Complete the payroll deduction part of the application form.
- 5: Send the form to the address printed at the bottom of the application form or hand it to a HSF Account Executive we will do the rest.

A welcome pack will be sent to your home address and the date stated on the certificate will denote when your cover began.

#### **Head Office**

24 Upper Ground, London SE1 9PD Tel: 020 7928 6662 Fax: 020 7928 0446

Cover enquiries: 020 7202 1380 Email: customer@hsf.eu.com

Claims enquiries: 020 7202 1381 Email: claims@hsf.eu.com



Organisation



HSF health plan Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

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Department	Pay/Pension Office
This authority replaces the existing authority for deductions of £ p New Deduction £   Pay frequency Weekly Fortnightly Four weel   PLEASE TICK Four weel	p Company Contribution (if applicable) £ p   Image: state stat
Your pay department will commence deductions as soon as possibl Your pay advice should be checked to ensure that this request has been	
	se my employer to deduct from my pay/pension each month the sum notification), and remit to HSF health plan. If my pay/pension is not men my income resumes.

Signature 🗶

Date

#### Continued overleaf - Please turn over →

#### 5 - Medical Information

Your cover has to be based on the information you supply on the whole of this application form. You must be satisfied that it is correct to the best of your knowledge and belief. To withhold or fail to disclose relevant facts (or to knowingly give false information) about the health and / or treatments of all persons to be covered could affect the benefits we are able to offer or could seriously influence your cover in the event of a claim. It could also lead to termination of cover or even be considered a criminal offence.

Please state any long term / chronic / congenital conditions even if at present under control and indicate to whom these apply. PLEASETICK BOX (if using 'Other' section, please state conditions in full and avoid abbreviations)

Name	Condition/Illness	Date symptoms began
	Arthritis please state part(s) of body affected below	
	Asthma/Chest problems Diabetes	
	Epilepsy Raised blood pressure/Angina	
	Liver disease Kidney disease	
	Clinical Obesity Congenital (conditions from birth) PLEASE STATE	
	Other please state	

Please list other illnesses / operations, either current or in the past (stating conditions in full and avoid abbreviations). Also list any medication being taken currently and state the condition / illness requiring the treatment.

Name	Condition/Illness	Date symptoms began

#### 6 - Signature

I wish to join HSF health plan at the scheme indicated. I authorise my employer to deduct from my pay/pension each month the sum shown, and remit to HSF health plan. If my pay/pension is not paid for any reason any premium arrears should be deducted when my income resumes.

#### Declaration

I declare that I and all persons covered by this application for whom claims may be submitted are in good health and are not receiving or needing any form of medical treatment and have not had any medical conditions in the past for which treatment is not at present necessary. If this is not the case I have declared all relevant health information on this application form. I understand that no claim will be accepted in respect of any conditions which existed or for which symptoms were present before registration or which began during the qualifying periods; nor for any developments of existing conditions; nor for any recurrence of conditions which have existed in the past; nor for any hereditary, congenital or perinatal conditions which may already exist but which manifest symptoms only after cover commences, and that this application is accepted only on these terms. (Policyholders increasing from one scheme to another may be able to receive benefit at their former scheme rate for such conditions and will be advised if this is possible). I confirm that no advice has been received regarding this application from HSF or my employer. I agree to HSF and Chubb holding data relevant to my scheme registration. I agree to abide by HSF rules and conditions and the right of the Board of Directors to vary them and the range or rates of benefits or premiums if deemed necessary. I declare that all the information I have given on this application form is true and complete to my knowledge and belief and that if found to the contrary HSF shall be free to cancel cover at any time.

Signature 🗙	Date	
Where did you hear about HSF health plan? HSF health plan uses the information given above for its own purposes. Any communications which you may receive are directly	ly related to HSF services and those of the Hospital Saturday Fund.	November 2015

Check List 🧹	
Have you completed all Sections?	If you have any queries you can contact you Local Account Executive. Their details are in
Have you included details for the FREE cover for your Spouse/Partner and any dependent children?	this brochure or call HSF health plan Sales Support Team on <b>0800 917 2208</b>
Have you signed and dated both the Authority for pay deduction and the Signature sections?	

Have you completed the Medical Information section for everyone mentioned on the application?

Recorded in	Initials	Date			Initials	Date	New	To: HSF HEALTH PLAN FREEPOST RTHJ-GHRG-YKLE
Wages Dept.			]	Noted by HSF			Change	LONDON SE1 9PD